

APPLICATIONS

Hand stroke and hemiplegia, hand stiffness and weakness.
Spasticity: stiffness/high muscle tone/poor control, using the product to prevent spasticity, reduce muscle tone, improve exercise capacity.
Paresis: softness/weak muscle strength/passive exercise, using the product to accelerate muscle strength recovery, and active power.
Postoperative recovery period: adhesion/weakness/poor control, using the product to stimulate of nerves and muscles, speed up blood circulation and motor nerve recovery.



CLEANING AND MAINTENANCE

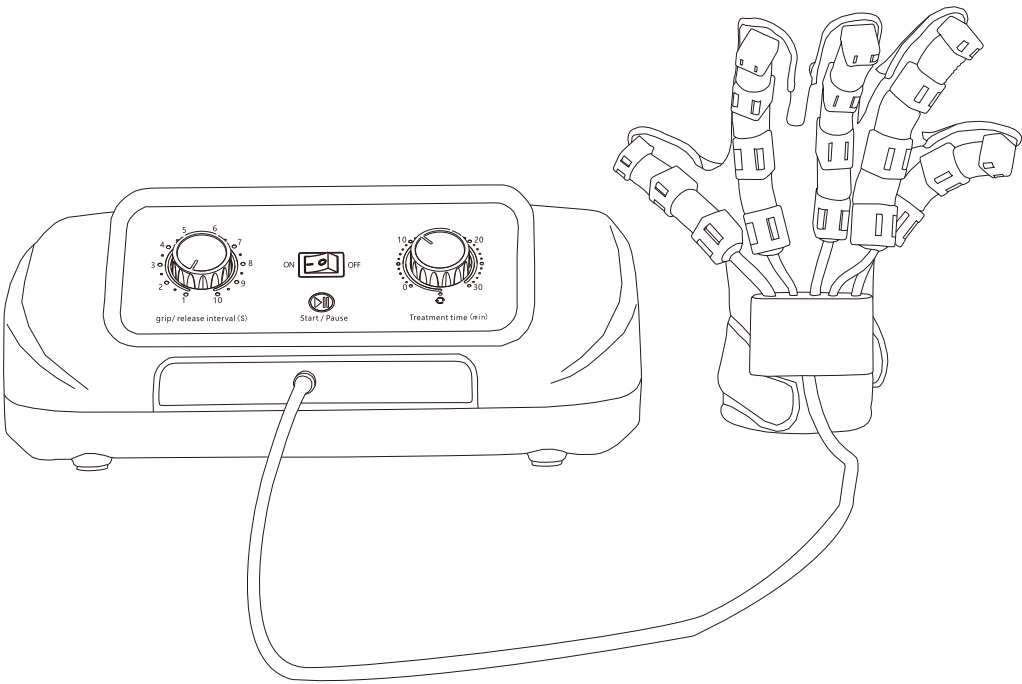
- Turn off the host before cleaning
- Do not rinse the machine and gloves
- Wipe the machine with a dry or damp cloth
- Keep it in a clean and dry place
- Protect the product from direct sunlight or high temperatures, such as gas stoves

ATTENTIONS

- Before training, please confirm that the hands that need to be trained are not in a stiff state. If the hands are stiff, perform artificial manipulation, hot compresses, and soft massage gloves to make hands to reach a soft state.
- Do not use it alone by unconscious people or young children.
- If the hand has sprains, traumas, unexplained bone injuries, people with severe osteoporosis, people who need to brake after untreated fractures, please do not use the product without approval by professionals.
- Do not wash the gloves directly with water. Dip a soft cloth in water or neutral detergent, wring it out, and wipe the gloves. If necessary, use a rag dipped in a small amount of medical alcohol for cleaning or disinfection, and then use it after it is completely dried.
- Use dedicated 110V~120V or 220V~240V power for the machine. Do not bend or fold power cord and keep the machine dry and water-free.
- Please consult a physical therapist before use, this product cannot be used to diagnose, treat or treat any diseases.

HAND REHABILITATION TRAINING DEVICE

USER MANUAL



Model no.: SL-FR02

SPECIFICATION

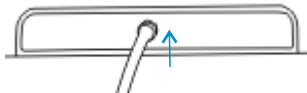
Device Size: 30.1 x 23.8 x 12.36CM
Power Consumption: 15W
AC Power Supply: 100-240V, 50/60Hz

QUICK START GUIDE

1. Connect power plug of machine to correct 110V or 220V outlet.
Note: please don't connect the machine with 110V pump to power 220V, or don't connect the machine with 220V pump to power 110V.
2. Precautions: if the muscle tension is too high, which leads to stiff fingers and difficulty in wearing, you can first massage the affected hand for 5 minutes; It is recommended to wear glove in a sitting or lying position.
How to put on rehabilitation glove?
Extend the fingers of the affected hand to the top of the glove, pull the glove to make sure the finger touches the top of the glove as much as possible, then adjust the velcro at the wrist to make it fit well. Finally to attached the velcro strap on glove to fix it better.

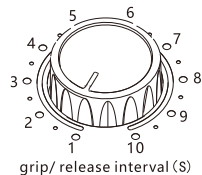


3. Securely connect the hose of glove to machine.

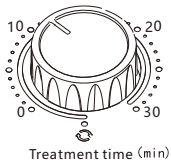


4. Press the power button ON  OFF to make the machine on standby mode.

5. Set the desired interval time for grip/ release training.



6. Set the desired treatment time.



7. Press the start/ pause button  to start.

Task-Oriented Training

With the aid of recovery (rehabilitation) glove, the patient's affected hand grasp the water bottle (or ball or others) on the table in front of him close to his mouth and puts it back in place; Or close to another cup to a pour water and put it back it place. Or holding the door handle try to rotate the door handle and pull the door open. In the scene of daily home life, do action training 20 minutes each time, 2 to 4 times a day.



Suggestion: a single training should not exceed 20 minutes, the interval between two trainings should be more than 60 minutes, and keep training 2-4 times a day