QUICK START GUIDE

Intermittent Pneumatic Compression

MODEL VU-IPC06

INPUT VOLTAGE

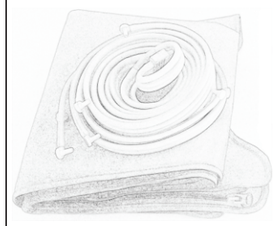
220~240V/ 50Hz ☐

220~240V/ 60Hz ☐

110~120V/ 60Hz ☐

AIR PRESSURE MASSAGE SYSTEM

8 chamber units



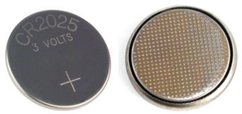
cuff with connect hose

machine with power line

remote controller

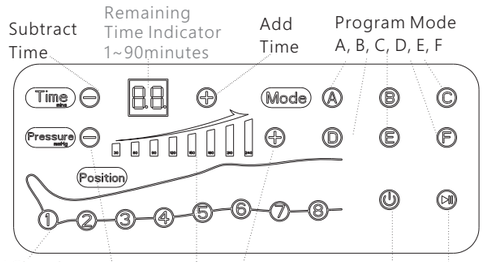
OPTIONAL CUFFS: LEGS ☐ ARM ☐ WAIST ☐

Remark: Before working, the remote controller should be installed with button cell 2025



Diameter: 20mm Thickness: 2.5mm Voltage: 3V

CONTROL PANEL



Position/ Chamber 1, 2, 3, 4, 5, 6, 7, 8

Subtract Pressure

Add Pressure

Power

Start/ Pause

Pressure Indicator
8 levels: 30, 60, 90, 120, 150, 180, 210, 240mmHg

Start/ Pause

Toggle Mode

Subtract/ add time

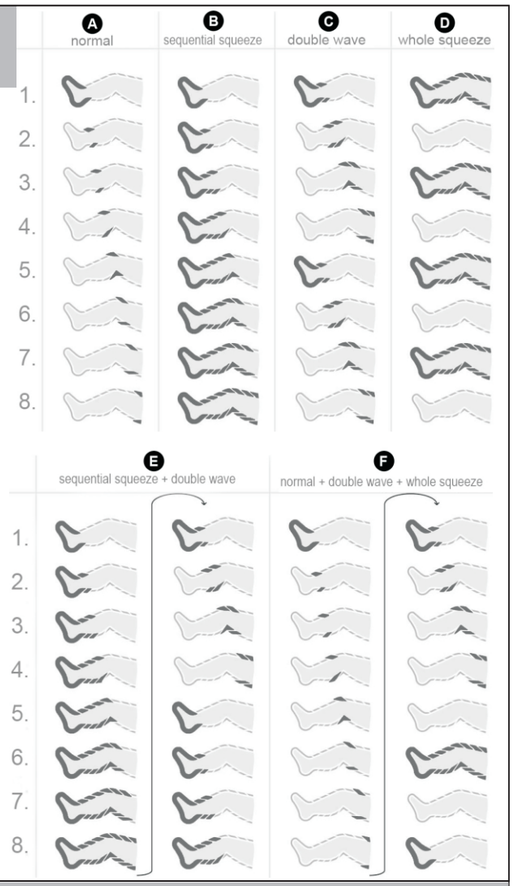
Subtract/ add Pressure

Position/ Chamber 1, 2, 3, 4, 5, 6, 7, 8

(remote controller)

MODE

6 TYPES

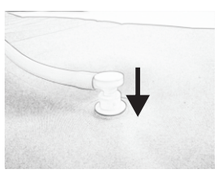


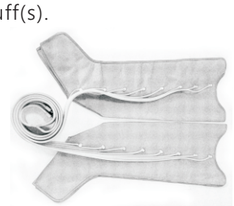
GETTING STARTED

NOTE: When you receive the machine, first time before starting to use the unit, please make sure open the filter cover, and remove the security screw. The screw ONLY are used for fixing and protecting the control unit from damage during transportation.

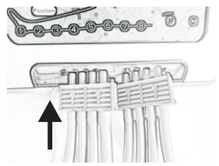
STEP 1 Insert the main plug of power line into electrical outlet of 110V~120V or 220~240V

STEP 2 Check if the hose has been connected well to the cuff(s): if yes, skip to STEP 3; if not, please fit the pins of the hose into the outlets of cuff(s).



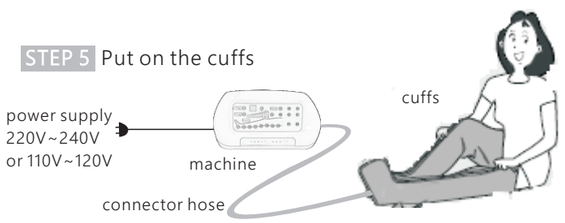


STEP 3 Connect the main end of the connector hose to the machine



STEP 4 Check and ensure all connections to the Control Unit and cuffs make a good seal.

STEP 5 Put on the cuffs



Note: The machine had better be powered up prior to attaching cuff(s).

STEP 6 Press the power button ⏻

STEP 7 Set the pressure by pushing the +/ - button ⊖ ⊕

Note: for first time use, it had better start with the pressure not too high, maybe 120 or 150mmHg, then could adjust the pressure to the level that makes you feel comfortable.

STEP 8 Set the time by pushing the +/ - button ⊖ ⊕

Note: time range is 1~90 minutes, original setting is 30 minutes. short press ⊖ / ⊕ to subtract/ add 1 minutes; extended press ⊖ / ⊕ to wanted time. When time run out, the machine shut off automatically.

STEP 9 Choose the mode by pushing button Ⓐ Ⓑ Ⓒ Ⓓ Ⓔ Ⓕ

STEP 10 Set the position by pushing ① ② ③ ④ ⑤ ⑥ ⑦ ⑧

Note: The original setting is light on, means all chambers will work; If you want to skip one position like ①, press it close the chamber and light off, means the chamber won't work. If need restart the chamber, press again to light on. When inflating or deflating each chamber, that chamber light is flashing.

STEP 11 Press the start/ pause button start

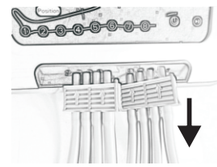
Note: Original state is pause, the light is green; Press it to start, the light turns into blue.

CAUTION

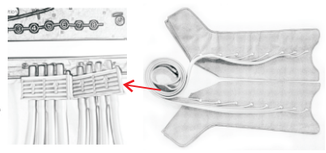
* DO NOT unzip the cuff(s) when the unit is switched on. This may cause damage to the cuff(s). Always turn off the power before unzipping the garment.

* After Use

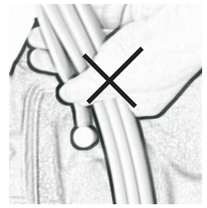
Just needs to disconnect the hose from the machine by pulling the main end out



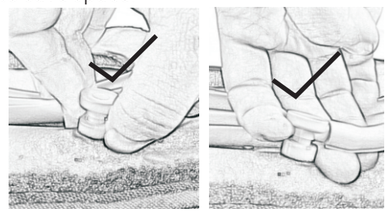
The cuffs connected with hose are always kept and used as a whole; When use, it just need insert the other end of the hose the machine



Had better not disconnect the hose from the cuffs frequently; Abuse may cause damage to the pins or hose.
Note: When travel with the product, it could disconnect the hose from the cuffs to save space.



No pulling the hose



disconnect the hose from cuff by holding pins to pull up.

APPLICATION & CONTRAINDICATIONS

APPLICATION:

* Compressible Limb Therapy System
Vitalized the circulation of blood and lymph in arms and legs, and enhances the pressure of muscular tissues to remove swelling or pain. It helps to recover patients' physical functions from disabilities or agedness.

* Sports Massage
Help a pre-workout to loosen up muscle and a post-workout to help muscles and a post-worktout to help muscles recover by ridding them of lactic acid build-up.

* Prevention and treatment of various diseases related with blood circulation in arteries including lymphedema.

* Air compression device promotes the circulation of blood and body fluid.

1. Prevention
- Lymph edema
- Limb paralysis [cerebral infarction]
- Limb convulsion [Pain clinic]
- Chronic disease by the venous cause
- DVT [Deep vein thrombosis]

2. Improvement
- Fat dissolution
- Rheumatoid arthritis
- Improvement intestines, dissolution Constipation
- Disease by interruption in blood circulation
- The old and the weak, fatigue, boredom, insomnia
- PE [pneumatic embolism]
- Varicocele therapy and prevention

3. Management
- Pregnant woman's limb management (please consult with a physician.)
- Benumbed feet and hands settlement of stress
- Effect of exercise
- Person who want to be elastic skin and a healthier body

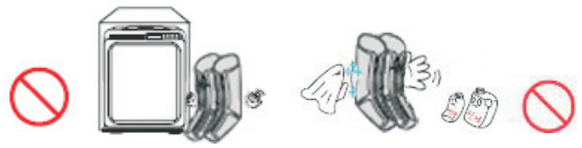
CONTRAINDICATIONS:
(1)acute inflammatory skin diseases
(2)Arrhythmia
(3)Erysipelas
(4)deep thrombophlebitis
(5)pulmonary edema
(6)acute venous thrombosis
(7)unstable hypertension
(8)patients with the installation of artificial pacemaker

CLEANING AND MANTENANCE

Do not use water, oil, benzene, alcohol, gasoline and chemical agents, to wash the machine.
· Otherwise, the lifetime of the machine will be shortened.
Please wipe it with a dry cloth.

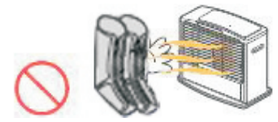
Do not use water, oil, benzene, alcohol, gasoline and chemical agents, to wash the garments.
· Otherwise, the lifetime of the garments will be shortened.
Please wipe garments with damp cloth.

Do not wash your cuffs, rub with a towel gently.



NOTE: All cuffs are for air pressure massage, uneasy to repair. Please be careful to use and keep!

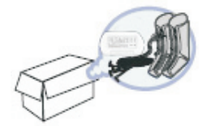
Do not put the machine and cuffs near the sharp things, such as stoves, needles, scissors and so on.



Keep in a dry place
Note: Be careful! Do not let water or foreign matter enter the machine.

Do not store the equipment at low temperatures in winter. (Will be damaged due to frost).

For long-time keeping, please put the equipment in the box.



The environment for use and store
At room temperature, in a clean and dry place to use and store the equipment. (Temperature: 10°C to 40 °C, humidity: 30% to 85%).

ATTENTIONS, WARNINGS AND SUGGESTIVE CONTENTS

• Please read the guide carefully before using the product

• Please place the guide closed to the machine to read it better

• In order to avoid danger or some non-standard operations, to ensure safety, here the guide lists some details, and the users had better comply with them when using the product.

If feel abnormal or painful when using, please stop using the product immediately.

Do not use the machine for nudity.
· Wear underwear/ clothes before wear the garment.

For first time, it had better not exceed 20 minutes.
For first time to use the machine, it had better last about 10 minutes, and then according to user's own physical situation, and gradually extended treating time .
(long-term use may have adverse effects)
· Had better use it for 10 or 20 minutes for first time.

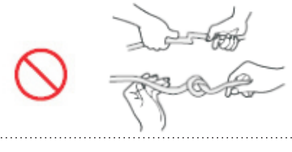
When using the machine, do not go with the cuffs.

Do not insert a few power into the same socket at the same time , it had better plug ONLY a power to a socket.
• May cause fire, electric shock, or other damage.

Keep the hand dry when plugging in or unplugging the power supply.
• May cause leakage, electric shock

Only use 220V~240V or 110V~120V single-phase current, after using, please unplug the power correctly.
• May cause fire, electric shock, or other damage.

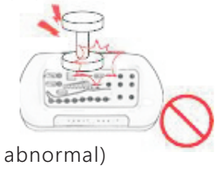
Do not bend and fold the power cord.



Power line can not bear the weight, can not be tied in the tables and chairs.
• May cause leakage, electric shock, or fire.

Do not hit or beat the machine.
· Such abuse will damage the machine.

Do not put any foreign item on the equipment.
• If the sensor is clogged, placing the item on the conduit or bending the power cord, it will cause a pressure disorder
(the equipment may be damaged or abnormal)



Be careful! Do not put nails, needles, staplers, metal or food into the machine.
· May cause short circuit or conduction.

Use the equipment for massage only.
·Abusing the machine may cause damage.
IT IS NOT A TOY FOR KIDS AND PETS.

Prohibit being used by infants and young children
· May cause damage such as electric shock

The equipment can not be repaired and maintained during use. Be sure to perform maintenance when power off.

Protect the equipment from direct sunlight or heat, such as gas stove.
• The equipment will be deformed or discolored.

When the equipment, button cell, cuffs and package carton box are discarded, it should be disposed of in accordance with the garbage disposal procedures.
· Pay attention to environmental pollution.